

# The Faculty of Intensive Care Medicine

## ICM Unit Brief

### Part 1 Hospital Details

#### 1.1 Hospital name

Royal Devon University Healthcare NHS Foundation Trust (Eastern services/Exeter)

#### 1.2 Full address (you **must** include postcode)

2<sup>nd</sup> floor, Template K,  
Barrack Road  
Exeter  
EX2 5DW

#### 1.3 Hospital Telephone number

01392 411611

### Part 2 ICU Department contact details

#### 2.1 Direct telephone number to Department

01392 402424

#### 2.2 Faculty Tutor name

Dr. Charly Gibson

#### 2.3 Faculty Tutor Email address

charlesgibson@nhs.net

### Part 3 Unit Structure

#### 3.1 Number of Beds

15

#### 3.2 Number of admissions

1000 per year

#### 3.3 Percentage of elective vs emergency admissions

16% elective surgical, 29% emergency surgical, 55% medical.  
52% Level 2, 46% Level 3.

### 3.4 Overview of case mix within the unit

The ICU at Exeter is a general, mixed 15 bedded intensive care unit. We currently admit around 1000 patients a year, including approximately 3% paediatrics. All surgical specialties are represented, with exception of cardiothoracics and neurosurgery.

The hospital has over 800 beds and is a regional centre for head and neck cancer, haematology, renal, neurology, interventional radiology, cardiology, intestinal failure and complex asthma.

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### 3.5 Names of Consultants, roles and areas of interest

Name	Role (e.g. clinical lead, consultant)	Areas of Interest
Dr Rebecca Appelboam	Consultant	ICU follow up. Perioperative medicine. Lead Medical Examiner to joint Trust.
Dr Lucasz Badek	Consultant	Point of care ultrasound. Specialty Lead to Exeter Medical School.
Dr Sarah Bigham	Consultant	Education, liver.
Mrs Carole Boulanger	Consultant Nurse (ACCP)	National ACCP programme lead, N&AHP Chair ESICM. FICM ACCP WG and FICM Board member
Dr Roland Black	Consultant	Ventilation
Dr Tom Clark	Consultant	Echocardiography, paediatrics, research
Dr Mark Davidson	Consultant. Clinical Lead.	Post-resuscitation care, EPIC lead. ICNARC.
Dr Chris Day	Consultant	Epidemiology
Dr Matthew Everson	Consultant	Paediatrics, education, research.
Dr Charly Gibson	Consultant. Faculty tutor.	Echocardiography, audit and research. Education and training.
Dr Emily Howells	Consultant	Obstetric critical care lead. Clinical Lead for Organ Donation ICU follow-up
Dr Chris Leighton	Consultant	Trauma, transfer and resus lead. Simulation.
Dr James Pittman	Consultant	RA Peninsula school of anaesthesia

### 3.6 Details of research projects being undertaken within the unit

SWARM Network collaboration.

Studies currently recruiting:

REMAP-CAP

MARCH

### 3.7 How is the unit staffed

2 consultants 0800-1800 weekdays and 0800-1300 weekends. 1 consultant resident 1700-2100 weekdays and 1300-1700 weekends and then non-resident on-call overnight.

Trainees: 2-3 trainees during working hours (0830-2100), mixture of ICM, anaesthetic and medical trainees and ACCPs.

Out of hours: 2 trainees at weekends and nights with senior registrar cover (who also covers obstetrics, theatres and MET/cardiac arrest calls).

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## Part 4 Training

### 4.1 Details of training opportunities on the unit

Lung Ultrasound  
Echocardiography  
Percutaneous tracheostomy  
Cardiac output monitoring  
Renal replacement therapy  
Bronchoscopy  
APRV ventilation  
Paediatrics  
ICU follow-up clinics  
Organ donation (Level 2 unit)

#### 4.2 Details of departmental teaching days

Journal Club every other Wednesday 07:45  
Weekly bleep free ICM trainee teaching 1300-1400 Thursdays  
Simulation session (last Wednesday of every month).  
Joint ED/ICU teaching 1<sup>st</sup> Wednesday of each month

#### 4.3 Details of clinical governance meetings and / or M & M

M&M first Wednesday of the month  
Governance meeting bi-monthly  
Fortnightly morning consultant-led clinical meeting

#### 4.4 Number of trainees on each tier of the rota

One tier with varying experience of trainee (ICM, anaesthetic and medical trainees and ACCPs).  
12 whole time equivalents.