ACCU: Adult Critical Care Unit



The Royal London Hospital (RLH) is a leading and internationally renowned teaching hospital based in East London. The Adult Critical Care Unit (ACCU) is a 44 bed Unit with an attached 12 bed surgical monitored unit. This busy ICU provides high quality care to over 3000 patients a year. We looked after over 700 critically unwell patients with Covid-19 during the first 2 waves of the pandemic (reaching 151 on the ICU at one point).

The Royal London is the local hospital for the diverse population of Tower Hamlets- although we border the wealth of city, our local population has the worst income and child poverty in the country. The hospital, (also home to London's Air Ambulance), is the busiest major trauma centre in the country. It is also a renal transplant unit, and a regional head injury, neurosurgery, stroke and thrombectomy unit. We are a tertiary referral centre for HPB, gynae-oncology and oral maxillo facial surgery- all of which adds to the interesting and varied case load that you will see here.

All the critical care units across Barts Health Trust and the North East London regional network work supportively and collaboratively. This allows us to transfer patients between smaller and larger hospitals to access specialists services and also to maintain local critical care capacity.

RLH ACCU provides an innovative and highly regarded education programme for our junior medical staff which include daily timetabled non-clinical time. It is curriculum linked and focussed on FFICM exam success. There is training on ICU equipment, a journal club, consultant-delivered talks and peer-to-peer sessions. All trainees will have the opportunity to present at our weekly M&M which has regular contribution from other specialist teams. There are frequent cross-site education events with Barts and Whipps Cross ICUs. For those who are interested in facilitating education, there are also opportunities on teaching programmes for medical students, nurses and AHPs.

RLH ACCU has a burgeoning POC ultrasound training programme which includes FUSIC heart (formerly FICE) and FUSIC lung. There are weekly FUSIC heart cross-site governance sessions with Saint Bartholomew's Hospital.

Numerous additional training opportunities can be arranged, tailored to a trainee's individual needs. These include leading the ward round, attending multidisciplinary MDTs, a neurosurgical/ACCU/radiology TBI MDT, tracheostomy ward rounds, trauma talks and MDT, advanced airway experience for non-anaesthetists, ICU follow up clinic, and experience on obstetric and renal HDUs. We have an internationally renowned research department and an active audit and QI programme. Supervised managerial and leadership experience can also be arranged.

At the core of the RLH ACCU is an inclusive team of nurses, AHPs, psychologists, clerks, cleaners, techs, doctors and managers who relish a challenge. We love it here- we hope you will too!

Please see our website for more information: <u>http://accu.london</u>