FOR: New consultants and advanced trainees in ICM

WHERE: St. Anne’s College, Oxford

WHEN: 6th-7th June, 2018

COST: £350

Enquiries or to book: ukcitcourse@gmail.com
Do you really feel prepared to be a consultant? Transitioning strategies for the new Intensivist

WHY YOU:
Gain confidence in the non-technical and non-clinical arena
Build and lead successful teams
Understand yourself in the context of the rest of your career
Set up and enjoy the rest of your life as an Intensivist

PROGRAMME:
Understanding the role of personality
Defining your own clinical leadership style
Negotiation skills
Organisational culture
Managing legal issues
Goal setting for the future
Differentiating Management and Leadership
Conflict management
Performance management
Achieving change
Time management and other survival skills
Teamwork

FACULTY:
International Faculty
Anna Batchelor is an anaesthetist and intensivist in Newcastle spending 50% of her time in each. She is a Past President of the ICS and past Dean of the Faculty of Intensive Care Medicine. She led the production of the new curriculum for ICM and the ICM component of the anaesthesia curriculum. She led the production of the DH framework for Advanced Critical Care Practitioners and the FICM curriculum for ACCPs.

Jonathan Goodall is a consultant intensivist at Salford Royal NHS Foundation Trust. Alongside clinical medicine his major interests have always been teaching and training. He has recently taken on the role of careers lead for the FICM. He recently completed a Masters in ‘Managing Medical Careers’ at Brighton University: his dissertation ‘ICM: New Era, New Careers New Guidance’ examined the motivation of doctors choosing to train in the specialty.

Owen Roodenburg is Eastern Health Director of Intensive Care Services and previously Deputy Director of Intensive Care at The Alfred Hospital, Melbourne. An associate Professor with Monash University, he is passionate about high quality medical education, mentoring, and advises government on medical supervision. Owen has developed and runs many innovative leadership and mentoring programs.
Kim Vidhani is an Anaesthetist and Intensivist - UK and Australian trained. Ongoing interest in organisational behaviour related to healthcare. Original CIT faculty: accredited to deliver MBTI, EQi2.0 and Belbin Team roles. Research in difficult airway management. Travelling and vegetarian dining a passion!

Jon Westbrook is a Consultant Neuroanaesthetist and Neurointensivist at Oxford University Hospitals. He is an Honorary Senior Lecturer and helps to run a research program in Subarachnoid Haemorrhage. He has been a Clinical Manager for many years (including Theatres/Anaesthetics & Critical Care) and is now Divisional Director for Neurosciences, Orthopaedics, Trauma and Specialist Surgery at OUH. He is a graduate of the NHS Leadership Academy Program for Executive Leadership.

Danny Bryden is a Consultant Intensivist in Sheffield. She has a law degree and masters in medical law, this supports her main interests of medical professionalism and educational assessment in relation to team working and decision making in patient care. She is on the editorial board of BJA Education commissioning articles on professional issues relevant to intensive care medicine, and also works as an associate for the GMC and as a clinical assessor for NCAS.
Jonathan Chantler has been a consultant in Critical Care and Anaesthesia for 17 years. In that time he has been a College Tutor, a Training Program Director and a Regional Advisor overseeing significant regional and national changes in post-graduate training. He is Director of the Oxford Undergraduate and Foundation ALERT courses. His other teaching activities include trying to explain how ventilators work, how to interview well and how to become a better teacher.
PROGRAMME

DAY 1 – MANAGING OTHERS

• Ice Breaker & Course Overview
• Transitioning
• You are that Consultant now
  • Transitioning period – The right way & the wrong way
  • Managing nursing relationships
• Simulation - Managing under pressure
  • A taste of the real thing
  • Learning to negotiate - Get what you want
• Politics & meetings - How to make an impact
• How to initiate change - Make it happen
• Legal issues - What you were never told

• Dinner for Faculty and Delegates

DAY 2 – MANAGING YOURSELF

Understand yourself – Your psychological type (Meyer-Briggs)

• Leadership – What does it mean
• Conflict Management – Resolve, survive and win
• Interacting with others
• The work life balance – There is such a thing
• Managing Performance
  “The Third Part” – What will it look like for you
Consultant Intensivist Transition (CIT) Course

“Completely different to other courses” (attendee, Oxford 2016)

Are you looking for something exciting, challenging, and relevant to your training?

The immense importance of leadership and management training is recognized in core training of intensive care doctors. With ever increasing demands on our services, we need all the skills at our disposal to deliver high quality care.

The Consultant Intensivist Transition (CIT) course is a not-for-profit, two-day series of modules structured around clinical intensive care medicine (ICM) cases. They are used to provide a context for relevant organisation and behavioural topics.

The course was originally developed and run in Australia at North Shore Hospital, Sydney. It has run successfully in many locations since 2010, and has been inspiring young intensive care physicians since.

What can I expect?

Some of the important topics we cover include the impact of personality and conflict style differences, roles in a team, leadership styles, negotiation and healthcare politics, clinical governance and quality concepts, change and performance management, and legal and ethical dilemmas.

We provide challenging cases that have elements of inter-personal conflict (eg between intensivists and surgeons) explored in the personality, teamwork and conflict management sessions. In addition to a didactic component, a range of experiential educational approaches is used, ranging from role-plays, to games and discussions. A broad range of teaching styles is used to cater for differences in preferred learning styles.

We have an extremely high quality faculty, with inclusion based on expertise in experiential teaching methods, clinical excellence in the relevant topics, ability to demonstrate working in a team, change implementation, and clinical leadership experience. The current faculty comes from around the UK and Australia.

Delegates are consultants in their first few years, or trainees in their last few years. This has ensured an exciting mix of attendees, with sharing of experiences adding to the relevance of the content, and provides potential for networking and post-course peer support. The small numbers per course and high instructor-to-participant ratio maximises interaction, and aids personal communication with the faculty.

Email: ukcitcourse@gmail.com
There is a course dinner included allowing a more informal meeting of delegates and faculty.

**Course feedback from attendees (Oxford 2016)**

“Great value for money”

“Excellent value”

“Thank you so much. Fantastic course, great idea. Clearly a lot of time and effort put in by faculty but very much appreciated”

“Really enjoyed the atmosphere of the faculty and attendees. It made it a safe place to share thoughts”

“Excellent course, passionate and inspiring faculty”

“A fantastic complement to the more traditional management courses. Looking forward to putting into practice”

“Completely different to other courses and approaches really gelled together well as a group of talks and themes”

“Really inspiring speeches and faculty”

“Thanks so much for the opportunity to come, invaluable couple of days and will definitely recommend to others”