



Royal College of Physicians Cymru Wales

Baltic House
Mount Stuart Square
Cardiff CF10 5FH

Dr Andrew Goodall CBE

Director General Health & Social Services/NHS Wales Chief Executive
Welsh Government
Cathays Park
Cardiff CF10 3NQ

13 February 2019

cc NHS Wales health boards and trusts
cc Health Education and Improvement Wales

Dear Andrew,

We have come together today as a group of medical organisations, including royal colleges and faculties, the Academy of Medical Royal Colleges, the GMC and the BMA, to urge you and your colleagues in Welsh health boards to look favourably on requests from doctors, especially those in training, who apply for professional leave to undertake national work for the wider benefit of the public and health services in Wales. This follows advice issued in June 2017 by the GMC, NHS England and the chief medical officers of all four UK nations.

Royal colleges, the GMC and the BMA all rely heavily on the advice, expertise and experience of consultants, specialty doctors, trainee doctors, and other clinicians in a variety of roles. The part time work these people undertake alongside their clinical duties contributes a great deal to the quality and safety of patient care, medical education, and the planning, delivery and quality improvement of health and care services. However, many doctors, especially trainees, find themselves unable to take time away from their clinical commitments to contribute this expertise, and this risks losing the crucial voice of junior doctors as service pressures increase.

While we fully understand that in the current climate there is considerable pressure on NHS resources, we would encourage NHS employers to look at each request on a case-by-case basis; hopefully you will agree that the leadership activity carried out by clinical staff is a future investment in the health service and a reflection of the high standards in our organisations. The experience gained by these individuals will directly benefit the wider workforce, and so we would be grateful if you could bring this to the attention of health boards, and encourage them to support these requests in a positive way.

Please do contact our colleague Lowri Jackson, RCP head of policy and campaigns for Wales by emailing Lowri.Jackson@rcplondon.ac.uk if there is anything that we can do to support your work.

With best wishes,



Professor Andrew Goddard

President, Royal College of Physicians

Dr Gareth Llewelyn

Vice president for Wales, Royal College of Physicians

Dr Peter Saul

Joint Wales chair, Royal College of GPs

Dr Mair Hopkins

Joint Wales chair, Royal College of GPs

Dr Esther Youd

Academy of Medical Royal Colleges Wales

Professor SM Griffin OBE

President, Royal College of Surgeons of Edinburgh

Dr David Tuthill

Officer for Wales, Royal College of Paediatrics and Child Health

Mr Tim Havard MD FRCS

Wales director, Royal College of Surgeons of England

Dr Jonathan Kell

Wales chair, Royal College of Pathology

Dr Sunil Dolwani

Council member for Wales, Royal College of Physicians of Edinburgh

Dr Abrie Theron

Welsh Advisory Board chair, Royal College of Anaesthetists

Dr Jack Parry-Jones

Officer for Wales, Faculty of Intensive Care Medicine

Katie Laugharne

Head of Wales Office, General Medical Council (GMC)

Dr David Bailey

Chair, BMA Welsh Council



Coleg Brenhinol y Meddygon Cymru

Tŷ Baltic

Sgwâr Mount Stuart

Caerdydd CF10 5FH

Dr Andrew Goodall CBE

Cyfarwyddwr Cyffredinol Iechyd a Gwasanaethau Cymdeithasol/Prif Weithredwr GIG Cymru

Llywodraeth Cymru

Parc Cathays

Caerdydd CF10 3NQ

13 Chwefror 2019

cc Byrddau Iechyd ac ymddiriedolaethau GIG Cymru

cc Addysg a Gwella Iechyd Cymru

Annwyl Andrew,

Rydym wedi dod ynghyd heddiw fel grŵp o sefydliadau meddygol, yn cynnwys cyfadrannau a cholegau brenhinol, yr Academi Colegau Brenhinol Meddygol, y Cyngor Meddygol Cyffredinol (GMC) a Chymdeithas Feddygol Prydain (BMA) i'ch annog chi a'ch cydweithwyr mewn byrddau iechyd yng Nghymru i edrych yn ffafriol ar geisiadau gan feddygon, yn enwedig meddygon dan hyfforddiant, sy'n gwneud cais am absenoldeb proffesiynol i wneud gwaith cenedlaethol er budd ehangach y cyhoedd a'r gwasanaethau iechyd yng Nghymru. Mae hyn yn dilyn cyngor a gyhoeddwyd ym mis Mehefin 2017 gan y GMC, NHS Lloegr a phrif swyddogion meddygol pedair gwlad y DU.

Mae colegau brenhinol, y GMC a'r BMA i gyd yn dibynnu'n helaeth ar gyngor, arbenigedd a phrofiad meddygon ymgynghorol, meddygon arbenigol, meddygon dan hyfforddiant a chlinigwyr eraill mewn amrywiaeth o rolau. Mae'r gwaith rhan-amser y mae'r bobl hyn yn ei wneud ochr yn ochr â'u dyletswyddau clinigol yn cyfrannu'n sylweddol at ansawdd a diogelwch gofal cleifion, addysg feddygol a'r broses o gynllunio, darparu a gwella ansawdd gwasanaethau iechyd a gofal. Fodd bynnag, ni all llawer o feddygon, yn enwedig y rhai sy'n hyfforddi, gymryd amser i ffwrdd o'u hymrwymiaadau clinigol i gyfrannu at yr arbenigedd hwn, ac mae hyn yn golygu y gallem gollu llais hollbwysig y meddygon iau wrth i'r pwysau ar y gwasanaeth gynyddu.

Er ein bod yn deall yn iawn bod cryn bwysau ar adnoddau'r GIG yn yr oes sydd ohoni, byddem yn annog cyflogwyr y GIG i edrych ar bob cais yn unigol; gobeithio y byddwch chi'n cytuno bod y gweithgareddau arwain a gyflawnir gan staff clinigol yn fuddsoddiad yn nyfodol y gwasanaeth iechyd ac yn adlewyrchu'r safonau uchel yn ein sefydliadau. Bydd y profiad y bydd yr unigolion hyn yn ei gael o fudd uniongyrchol i'r gweithlu ehangach, felly byddem yn ddiolchgar pe gallech dynnu sylw'r byrddau iechyd at hyn, a'u hannog i gefnogi'r geisiadau hyn mewn modd cadarnhaol.

Mae croeso i chi gysylltu â'n cydweithiwr Lowri Jackson, Pennaeth polisi ac ymgyrchoedd Coleg Brenhinol y Meddygon Cymru drwy e-bostio Lowri.Jackson@rcplondon.ac.uk os oes unrhyw beth y gallwn ni ei wneud i gefnogi eich gwaith.

Dymuniadau gorau,



Yr Athro Andrew Goddard

Llywydd, Coleg Brenhinol y Meddygon

Dr Gareth Llewelyn

Is-lywydd Cymru, Coleg Brenhinol y Meddygon

Dr Peter Saul

Cyd-gadeirydd Cymru, Coleg Brenhinol y Meddygon Teulu

Dr Mair Hopkins

Cyd-gadeirydd Cymru, Coleg Brenhinol y Meddygon Teulu

Dr Esther Youd

Academi Colegau Meddygol Brenhinol Cymru

Yr Athro SM Griffin OBE

Llywydd, Coleg Brenhinol Llawfeddygon Caeredin

Dr David Tuthill

Swyddog Cymru, Coleg Brenhinol Pediatreg ac Iechyd Plant

Mr Tim Havard MD FRCS

Cyfarwyddwr Cymru, Coleg Brenhinol Llawfeddygon Lloegr

Dr Jonathan Kell

Cadeirydd Cymru, Coleg Brenhinol y Patholegwyr

Dr Sunil Dolwani

Aelod o Gyngor Cymru, Coleg Brenhinol Meddygon Caeredin

Dr Abrie Theron

Cadeirydd Bwrdd Cyngori Cymru, Coleg Brenhinol yr Anesthetyddion

Dr Jack Parry-Jones

Swyddog Cymru y Gyfadran Meddygaeth Gofal Dwys

Katie Laugharne

Pennaeth Swyddfa Cymru, y Cyngor Meddygol Cyffredinol (GMC)

Dr David Bailey

Cadeirydd, Cyngor BMA Cymru



Royal College of Physicians
Coleg Brenhinol y Meddygon (Cymru)



Royal College of Physicians

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Royal College of Paediatrics and Child Health Cymru
Leading the way in Children's Health



AMRCW

ACADEMY OF MEDICAL ROYAL COLLEGES WALES
ACADEMI COLEGAU MEDDYGOL BRENHINOL CYMRU



THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH

COLEG BRENHINOL LLAWFEDDYGON CAEREDIN



Royal College of General Practitioners
Coleg Brenhinol Meddygon Teulu



Royal College of Surgeons

ADVANCING SURGICAL CARE

General Medical Council



ROYAL COLLEGE of PHYSICIANS of EDINBURGH



Royal College of Anaesthetists

Cymru Wales

The Faculty of Intensive Care Medicine



BMA



The Royal College of Pathologists

Pathology: the science behind the cure

Cymru Wales

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