The Leeds Teaching Hospitals

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# J27 Medical High Observation Area

Criteria For 6 Beds

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#### Ward J27 High Observation Area (HOBS) Admission Criteria

Stage 1 3 Beds opens 7/1/18

**DKA - Diabetic Ketoacidosis** 

HSS - Hyperosmolar Hyperglycaemic State

Insulin overdose

Tricyclic overdose

**Calcium replacement** 

**Prolonged QT** 

Hyponatraemia

Hypokalaemia Pulmonary Oedema

Sepsis

AKI 3 (not requiring CVVHD)

Cardiac monitoring (arterial & CVC lines)

ΑF

**IV GTN** 

**IV** Amiodarone

**IV Naloxone** 

IV Potassium 60mmol/1000ml (40mmol/100ml this is still under discussion with medicines management)

**IV Insulin** 

**IV Calcium** 

**IV** Magnesium

**IV Furosemide** 

0.45% saline

To ensure patient safety RN staffing must remain at 3:1 with 1 CSW

- Patients admitted to HOBS beds must require level 1 monitoring and not require a higher level of care.
  - Patients in A&E who are critically unwell have to be accepted by the Medical Consultant day and night to be admitted to HOBS. If the patient potentially may need level 2/3 care ICU SpR/Consultant must review to ensure any admission to HOBS is safe and suitable.
- Patients on the acute floor who need admission to the HOBs area, need to be seen by the medical registrar and the critical care outreach team
- Patients can only receive up to 60% low/flow oxygen, any patient on this amount 02 must be referred to critical care outreach as potentially may need a higher level of care
- Patients must be risk assessed by the ICU consultant prior to step down from critical care to HOBS and must be accepted by the acute medicine consultant
- Patients discharged from Critical Care will receive a routine follow-up visit from the Critical Care Outreach on the day of discharge
- Critical Care Outreach will be contactable if any learning needs are identified and if any competencies need signing off providing work load allows
- ICU consultant allocated for critical care outreach will visit HOBs each morning (not to do a ward round) but to identify alongside the medical consultant any patients who potentially may need a higher level of care
- Elderly patients been considered for admission to HOBS must be discussed with the elderly consultant on-call prior to admission or line intervention

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## Staffing & Training Clinical Support Workers

#### **Nursing staff**

- HOBS study day
   Respiratory assessment and management
   Arterial blood gas interpretation
   ECG and Rhythm recognition
   AKI and fluid management
   DKA, HSS, Hyponatraemia
   Toxicology management
   Sepsis management
   SIM training
- 3 weeks supernumerary on J54/L3
- Transfer training study day
- National Competency Framework Level 1
   Patients and Enhanced Care Areas
- · Aqua vent training
- · Phenylephrine competency
- Staffing ratio must remain 3 patients to 1 RN

- Work alongside STR Timme for a shift
- Daily jobs list to be completed and signed
- Introduction to HOBS booklet
- One CSW allocated to HOBS day and night shift

#### **Medical Staff**

- Weekly SIM based training sessions
- To attend agua vent teaching session
- To complete phenylephrine competency
- Link ICU consultant Dr Powell to support with additional HOBS training
- 8:00-20:00 Morning Consultant ward round starts in HOBS, SHO then allocated to work in HOBS with support of medical SpR and Consultant. Consultant to do a ward round before end of the shift.
- 20:00-8:00 SHO to run HOBS with medical SpR support

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### **Audits Stage 1**

- · Indication for admission to HOBS
- Number of patients requiring arterial line insertion
- Number of patients admitted to ICU/HDU for high flow 02
- Number of patients admitted to ICU/HDU for inotropes
- Location patients are admitted from (A&E/ward/ICU/HDU)
- How many times per shift are CCOT visiting HOBS

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#### J27 Medical High Observation Area (HOBS) Admission Criteria

## Stage 2 6 beds aim April 2019

Agua VENT FD140 Flow





#### **Additional Considerations**

- No type 2 respiratory failures are to be admitted to HOBs from a&e only type 1
- Any patient in HOBs on 50% 02 or an increased flow should be reviewed by the medical SpR/Consultant and referred to critical care outreach
- 75% of RN and CSW to be trained in use and set up by Armstrong Representative
- To ensure patient safety staffing ratio must remain at 3:1 with 1 CSW
- To be used when all 6 HOBS beds are open to enable safe break relief with one RN present at all times

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#### J27 Medical High Observation Area (HOBS) Admission Criteria

## Stage 3 6 beds aim December 2019

- Phenylephrine 10mg/100ml
- Phenylephrine (Low dose 0 1mcg/kg/min / high dose up to 10mcg/kg/min)
- This agent is a pure alpha agonist which vasoconstricts several important vascular beds including the renal and mesenteric vessels. Phenylephrine is normally used at lower doses only and converted to noradrenaline if the BP response is inadequate or longer term treatment necessary. Unlike other vasopressors there is a good record of safe peripheral administration so long as treatment is not prolonged (>24hrs), a larger vein is used, and it is well diluted (not >10mg/100mL).
- If > 24 hours to review can the phenylephrine be weaned or does the patient require a CVP line and noradrenaline

#### **Additional Considerations**

- Any patient receiving inotropes will be reviewed daily by critical care outreach
- Decisions to commence phenylephrine will be the medical SpR/Consultant or the critical care team
- All RGNs and doctors will have additional training to be able to manage phenylephrine and complete a competency package
- To ensure patient safety RN staffing must remain at 3:1 with 1 CSW
- All patients on phenylephrine will have an arterial line
- To be used when all 6 HOBS beds are open to enable safe break relief with one RGN present at all times