

# The Faculty of Intensive Care Medicine

## ICM Unit Brief

### Part 1 Hospital Details

#### 1.1 Hospital name

Ulster Hospital

#### 1.2 Full address (you **must** include postcode)

Ulster Hospital  
Newtownards Road  
Dundonald  
Belfast  
Co Antrim  
BT16 1RH

#### 1.3 Hospital Telephone number

02890484511

### Part 2 ICU Department contact details

#### 2.1 Direct telephone number to Department

02890411456

#### 2.2 Faculty Tutor name

Chris Gowers

#### 2.3 Faculty Tutor Email address

Christopher.gowers@setrust.hscni.net

### Part 3 Unit Structure

#### 3.1 Number of Beds

Funded 6 ICU 4 HDU

#### 3.2 Number of admissions

700 per year

#### 3.3 Percentage of elective vs emergency admissions

Approx 10% v 90%

#### 3.4 Overview of case mix within the unit

Modern state-of-the-art purpose-designed Unit. 16 bedspaces (8 siderooms with privacy glass)  
700 patients per year admitted (approx.)  
65% level 3; 35% level 2 patients, bed occupancy of 90-105%.  
63% medical, 37% mix of elective (10%) and emergency surgical patients  
ICU beds Consistently escalated by >50% during COVID pandemic, peaking at 20.

### 3.5 Names of Consultants, roles and areas of interest

Name (all ICM consultants)	Role (eg clinical lead, consultant)	Areas of interest
Mark Reid	Lead Clinician ICU	
Chris Gowers	Educational Supervisor /Tutor, CLOD	Education, FICE echo
Conn Russell	Past ICM REA, Full BSE echocardiography qualified	FICE / advanced echo
Claire Jamison	ICNARC co-ordinator	
John Trinder	Research co-ordinator	Research / Ethics
David Hendron	Mortality review co-ordinator	Echo / mortality review lead
John McAteer	Recus committee chair	
Padraig Headley	Clinical Supervisor ICM, rota	Outreach

### 3.6 Details of research projects being undertaken within the unit

Continuous contributor / recruiter to multicentre trials of medical / nursing / allied health professional interventions under supervision of Dr John Trinder, research nurse S/N Samantha Hagen. Involved in Recovery Trial recruitment during Covid.  
Full contributor to ICNARC data collection  
Ongoing audits and quality improvement projects continuously.

### 3.7 How is the unit staffed

#### Medical:

- 8 consultants delivering 20 sessions of regular daytime cover Monday- Friday. Out of hours includes predictable weekend work of full ward-round and review of all admissions.
- 7 doctors in training on full shift rota, background usually mix of ACCS, Core medical trainees, Acute or respiratory ST3-7 trainees, anaesthetic trainees. When available also 1 supernumerary ST7 ICM trainee on separate advanced trainee on-call rota.

Full complement of nursing, physiotherapy, support, dietician, technician colleagues.

## Part 4

## Training

### 4.1 Details of training opportunities on the unit

Long experience in delivering training, popular and well-reviewed unit. Recently achieved top-10 placing nationally for overall satisfaction in GMC National Training Survey. Opportunities to gain FICE accreditation and experience in renal replacement therapy, ultrasound use for placement of intravascular access. Daily teaching ward rounds and supportive senior staff.  
Ulster hospital specialties include general /GI / breast surgery, orthopaedic, maxillofacial and plastic surgery, busy general and acute medicine, haematology, oncology, elderly care

4.2 Details of departmental teaching days

Tuesday morning- Journal Club  
Monday lunchtime– Anaesthetics teaching  
Thursday morning- ICU teaching  
Wed morning anaesthetics teaching  
regional ICU teaching days (6 per year)

4.3 Details of clinical governance meetings and / or M & M

Morbidity/mortality reviews - 2 monthly  
Monthly Directorate & Audit Meetings  
Monthly ICU ward meetings  
ICU Quality Group  
All deaths reviewed in multi-disciplinary setting