

# The Faculty of Intensive Care Medicine

## ICM Unit Brief

### Part 1 Hospital Details

#### 1.1 Hospital name

Royal Devon University Healthcare NHS Foundation Trust

#### 1.2 Full address (you **must** include postcode)

2<sup>nd</sup> floor, Template K,  
Royal Devon and Exeter Hospital,  
Barrack Road  
Exeter  
EX2 5DW

#### 1.3 Hospital Telephone number

01392 411611

### Part 2 ICU Department contact details

#### 2.1 Direct telephone number to Department

01392 402424

#### 2.2 Faculty Tutor name

Dr. Charly Gibson

#### 2.3 Faculty Tutor Email address

charlesgibson@nhs.net

### Part 3 Unit Structure

#### 3.1 Number of Beds

15

#### 3.2 Number of admissions

1000 per year

#### 3.3 Percentage of elective vs emergency admissions

23% elective surgical, 26% emergency surgical, 51% medical.

#### 3.4 Overview of case mix within the unit

The ICU at the RD&E is a general, mixed 15 bedded intensive care unit (with a planned expansion to 28 beds in the future). We currently admit over 1000 patients a year, including approximately 10% paediatrics. All surgical specialties, with exception of cardiothoracics, neuro and upper GI cancer represented both as elective and emergency admissions. The hospital has over 800 beds and is a sub-regional centre for vascular surgery, haematology, renal, neurology, interventional cardiology, plastics, and head and neck cancer. It is also a regional unit for intestinal failure and complex asthma. The trust has recently merged with North Devon Healthcare NHS trust.

### 3.5 Names of Consultants, roles and areas of interest

Name	Role (e.g. clinical lead, consultant)	Areas of Interest
Dr Rebecca Appelboam	Consultant	ICU follow up. Identification of deteriorating patients on the ward. Lead Medical Examiner to joint Trust.
Dr Lucasz Badek	Consultant	Point of care ultrasound. Specialty Lead to Exeter Medical School.
Mrs Carole Boulanger	Consultant Nurse (ACCP)	National ACCP programme lead, N&AHP Chair ESICM. FICM ACCP WG and FICM Board member
Dr Roland Black	Consultant	Ventilation
Dr Tom Clark	Consultant	Echocardiography, paediatrics, research
Dr Mark Davidson	Consultant, Clinical Lead	Post-resuscitation care, EPIC lead. ICNARC.
Dr Chris Day	Consultant	Epidemiology
Dr Charly Gibson	Consultant. Faculty tutor.	Echocardiography, research.
Dr Emily Howells	Consultant	Obstetric critical care lead. Clinical Lead for Organ Donation ICU follow-up
Dr Chris Leighton	Consultant	Trauma lead
Dr Nim Pathmanathan	Consultant	Education, Simulation.
Dr James Pittman	Consultant	Medical Emergency Team, Regional Adviser to Peninsula school of anaesthesia

### 3.6 Details of research projects being undertaken within the unit

SWARM Network collaboration.  
 Studies currently recruiting:  
 UKROX  
 ASTOP  
 REMAP-CAP  
 RECOVERY  
 MARCH  
 SQUEEZE-UK  
 GENOMICS

### 3.7 How is the unit staffed

2 consultants in working hours; 1 consultant on call out of hours.

Trainees: 2-3 trainees during working hours (0830-2100), mixture of ICM, anaesthetic and medical trainees and ACCPs.

Out of hours: 2 trainees at weekends and nights with senior registrar cover (who also covers obstetrics, theatres and MET/cardiac arrest calls).

## Part 4 Training

### 4.1 Details of training opportunities on the unit

Lung Ultrasound  
 Echocardiography  
 Percutaneous tracheostomy  
 Invasive/Non-invasive cardiac output monitoring  
 Renal replacement therapy  
 Bronchoscopy  
 ICU follow-up clinics

Formal training links with  
 Cardiology – echo clinics  
 Respiratory – bronchoscopy lists  
 Microbiology – bench sessions  
 Radiology – reporting sessions

### 4.2 Details of departmental teaching days

Journal Club every other Wednesday 08:00  
 Weekly ICM trainee teaching

### 4.3 Details of clinical governance meetings and / or M & M

M&M first Wednesday of the month  
 Governance meeting bi-monthly  
 Fortnightly morning consultant-led clinical meeting

### 4.4 Number of trainees on each tier of the rota

One tier with varying experience of trainee (ICM, anaesthetic and medical trainees and ACCPs).  
 12-14 whole time equivalents.